

MY MONEY THOUGHTS

NAME : _____ DATE: _____

WHEN I THINK OF MONEY, I BELIEVE:

WHAT IS ONE LIE THAT YOU FEEL THAT YOU HOLD ABOUT MONEY AND YOURSELF

WRITE A RESPONSE TO HOW MONEY CONTRIBUTES TO WHAT YOU SEE, HAVE AND FEEL

With money, I see

With money, I have

With money, I feel

LIST 3 THINGS YOU WOULD IMMEDIATELY SPEND MONEY ON IF YOU HAD UNLIMITED ACCESS TO IT

1.

2.

3.

WHAT ARE 3 THINGS YOU COULD DO RIGHT NOW TO ASSIST YOUR CURRENT FINANCIAL STATE

1.

2.

3.